

# Case Studies Utilizing Hyperbaric Therapy

## Treating CFIDS with Hyperbaric Oxygen Therapy

Annie, a 43 year old female with Chronic Fatigue Immune Dysfunction Syndrome, suffered with severe pain, insomnia, severe fatigue, brain fog, shakiness, severe perspiration, fever, and severe depression. She became sensitive to light and noise, she was unable to eat or get out of bed. Annie was treated with traditional hard shell hyperbaric oxygen therapy for eight hours a week, utilizing 100% oxygen.

After three weeks of therapy, Annie began to see the benefits from hyperbaric oxygen. Her cognitive function has improved, resulting in clearer thinking, and loss of brain fog. She soon experienced increased sleep, loss of fatigue, less shakiness, and a dramatic increase in energy. Annie's severe pain has drastically diminished and she no longer has constant fever or excessive perspiration. Annie receives hyperbaric therapy treatments utilizing 100% oxygen and is a great believer in its benefits.

## Treating Chronic Fatigue Immune Dysfunction and Multiple Sclerosis with Hyperbaric Oxygen Therapy

Andy, a 39 year old male suffering with both Multiple Sclerosis and Chronic Fatigue Immune Dysfunction Syndrome for more than eight years. His symptoms included insomnia, physical and mental fatigue, severe pain, brain fog, irritable bowel syndrome, acid reflux, and severe depression. He was prescribed anti-viral medication as well as other traditional therapies that he felt would further harm his condition, therefore he proceeded with hyperbaric oxygen therapy. Andy was treated with traditional hard shell hyperbaric oxygen therapy for 60 minutes, four times a week, utilizing 100% oxygen.

Soon after the start of his hyperbaric therapy, Andy began to experience a lessening of symptomology. He began to sleep soundly, regained energy and emotional well being. His cognitive function has improved, resulting in clearer thinking, and loss of brain fog. His severe pain subsided and he no longer suffers with irritable bowel syndrome or acid reflux. As a side benefit, Andy believes that hyperbaric treatments resulted in the loss of twenty pounds. Recent tests have shown a re-balancing of his immune system as well as a reduction in the number of brain lesions with a post hyperbaric MRI. Andy continues to receive hyperbaric therapy treatments utilizing 100% oxygen and attributes the therapy to his recovery.

## Treating Fibromyalgia with Hyperbaric Oxygen Therapy

Diane, was diagnosed with Fibromyalgia after a auto accident that left her hospitalized. She developed intense pain in her neck, shoulders and back and was confined to her bed much of the time to cope with the pain. She began taking pain medication, various vitamins, herbs and homeopathic remedies, which lowered the pain enough to manage day by day.

After giving birth, Diane's symptoms worsened dramatically and this time, nothing touched the pain. She was chronically fatigued, unable to sleep, severely depressed and unable to function. She went to countless physicians, chiropractors, osteopaths, acupuncturists, but no one could help her this time. Her husband found a physician with portable hyperbaric chambers and brought her in for a session.

Diane immediately went into a deep sleep her first session in a hyperbaric chamber. She came out groggy, but more relaxed and then went home and slept for 10 hours, something she had never done before. After a few sessions, she had more energy, was able to sleep well and had significant reduction in pain and muscle tension. Her depression lifted and she soon went full days without experiencing pain. Diane has been off pain medications for a year and has not needed treatment, other than hyperbaric, to keep the pain away.

## **Treating Fibromyalgia, Post- Mastectomy Lymphodema, Rheumatoid Arthritis, Systemic Crohn's, Rosacea, Allergies and Asthma with Hyperbaric Oxygen Therapy**

A 54 year old female suffering from multiple conditions with symptomology including severe pain, insomnia, depression, swelling of nose with rosacea eruptions. She also experienced severe swelling and pain in her arm due to post mastectomy lymphodema as well as periodontal disease that would soon require surgery. Denise received mild hyperbaric oxygen therapy for 60 minutes a day, three times a week, in a portable hyperbaric chamber utilizing 95% oxygen.

After the first hyperbaric session, Denise no longer needed antibiotics or topical creams to keep the rosacea under control. With continued hyperbaric treatments, she was soon able to sleep and the Fibromyalgia pain she experienced on a daily basis had almost disappeared. Periodontal disease also cleared up with use of hyperbaric therapy, eliminating the need for dental surgery. She also no longer had asthmatic and allergic symptoms, which she suffered with since the age of 11. Most importantly, the severe pain and swelling due to a post-mastectomy lymphodema decreased significantly as well as the visibility of scars from the surgery. Denise purchased a mild portable hyperbaric chamber and continues to use at least once a week to maintain the positive results to her health.